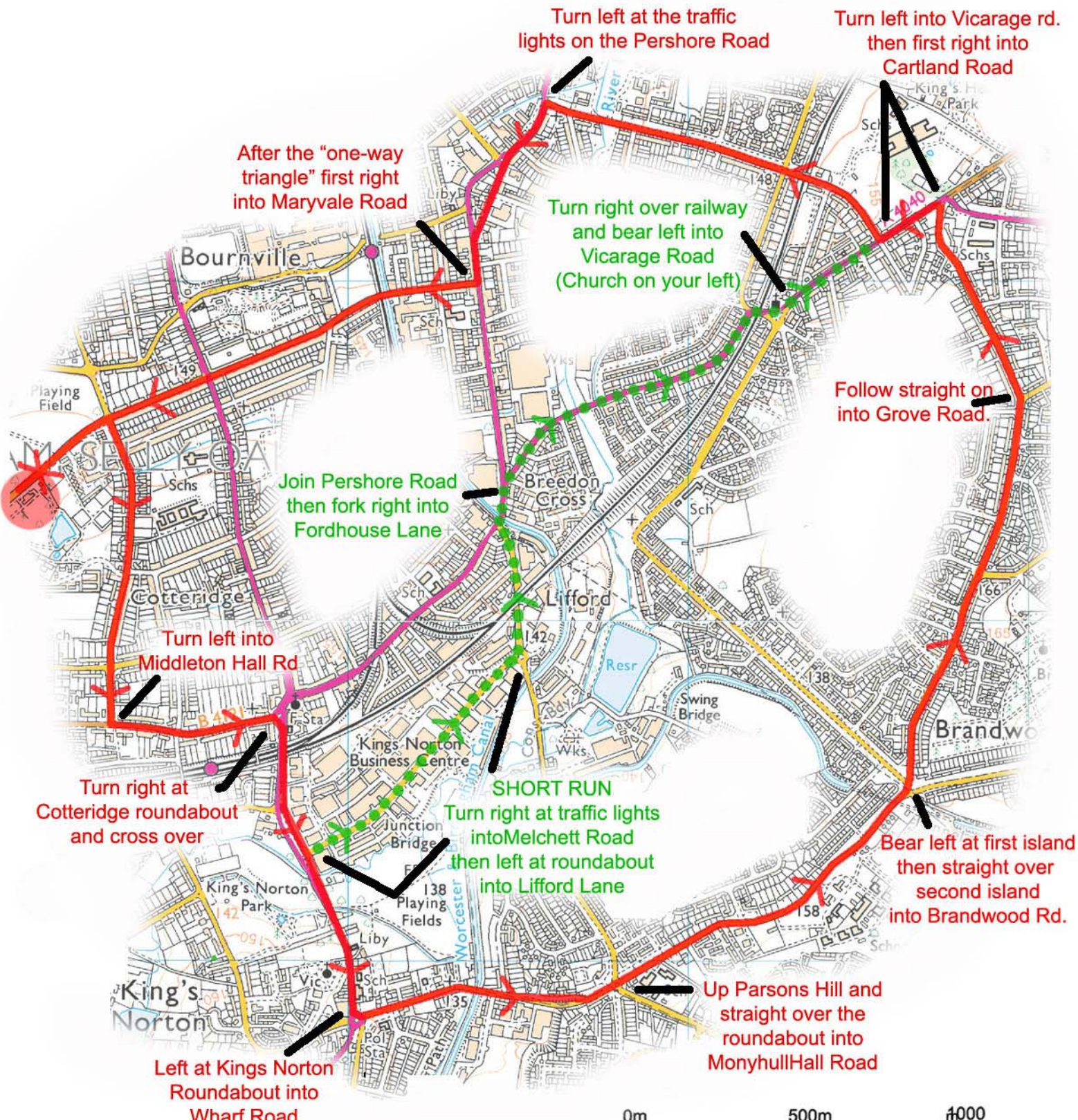


Parson's Nose and Cartland Road



DISTANCE = 6.1 miles (9.8 km) Ascent=101m
SHORT ROUTE = 5.0 miles (8.0 km) Ascent=84m

Bournville Harriers