

BOURNVILLE HARRIERS

CLUB COMMITTEE MEETING DRAFT MINUTES

Date of meeting: Monday 9th May

Time: 7.30pm

Meeting chaired by: Xenofon Gogouvitis

Notes taken by: Claire Daniels

2022/2023 Committee

Name	Committee Roll	Present
Xenofon Gogouvitis (XG)	Club Chairperson	Yes
Imogen Peck (IP)	Club Vice Chairperson	Yes
Claire Daniels (CD)	Club Secretary	Yes
Mike Woodhall (MW)	Club Treasurer	yes
John Cheel (JC)	Membership Secretary	Yes
Grace Ball (GB)	Ordinary Member	Apologies
Faith Lucas (FL)	Ordinary Member	Yes
David Mountford (DM)	Head Coach	Yes
Dave Powner (DP)	Race Events Co-ordinator	Apologies
Lorna Al-Ani (LA)	Communications Officer	Yes
Helen McGettrick (HM)	Team Manager Womens XC	Yes
Tom Bunn (TB)	Team Manager Mens XC/RR	Yes
Jude Glynn (JG)	Team Manager Womens Road Relays	Yes
Grant Newman (GN)	Membership Development Co-ordinator	Yes
Sara Hewison (SH)	Kit Secretary	Yes
James Evans (JE)	Social Secretary	Yes
Linda Goulding (LG)	Co-opted Committee Member	Yes

Agenda for Monday 9th May:

1. **Welcome/Attendance/Approve minutes/Review action points (XG/CD)**

Apologies received from GB and DP

Approve new Comms role – LA proposed by TB and seconded by DP – No objections in the room.

Approve new co-opt committee role, term until AGM 2023, CO – OPT Member will also have voting rights on committee matters – No objections in the room.

Review action points:

- TB to approach LA for comms role – **complete**
- JC/XG Email for John Enright Parkrun – **complete**
- TB to approach Mike Podmore as male Welfare Officer – **Complete**
- Suggestions for Teal Targets – **Complete**
- DP to change email address for committee – **In progress**
- TB to obtain quote for event trolley – **In progress**

2. Membership update (JC)

JC – 114 Members so far, 87 Have renewed since 1/4/22, the remaining 27 are a mix of new members and lifetime members

3. Finance update

MW - £13,668 in the bank, £5200 income from renewal fees – we have an expenditure of £2775 – mainly from affiliation fees. MW has a spreadsheet available to be able to budget events, races and awards. LG – Suggested a plan and rolling forecast so people can roughly see whats available for events.

4. Club training and coaching

DM -Focus has been on track and the beginner's course.

IP – has contacted Fox Hollies to see if we can use their track, not available to us due to an exclusive agreement with Sparkhill Harriers – IP has suggested we approach them to see if an agreement can be reached to share the facility.

DM – spoke to Abbey Stadium – they can only offer Mondays between 6pm – 7pm Or Fridays between 8pm – 9pm. Both unsuitable. Revisit with IP/DM next month to see if any more progress.

IP – strength training session, look at recruiting an external person to come and hold a strength training session for club, times, dates to be looked at. DP is also due to start a level 3 strength and conditioning course. IP/DM to look at sourcing external coach/PT

5. Team Managers

TB – Requests that team captains keep a couple of spare vests with them in case of shortages at events. No objections in the room. Captains to send list of requirements to SH

6. Social events

JE – Has looked at possible places for future events – such as Glee club, Ghetto golf and Flight Club.

7. Club calendar (HM)

XG – Commonwealth Marathon – Saturday 30th July

DP - Tour of Bournville – possibly to be split over two weeks – no definitive answer from SW on the matter

8. Race Events (DP)

DP – Royal Yacht handicap – Friday 3rd June – bank holiday weekend. Adverts have started to go out

9. Beginner's course (GN/All)

GN – Proposed a start date on Monday 6th June, course to run for 7 weeks (1 intro week and 6 weeks course) with finish date of Monday 18th July. Looking to have a Monday led session and then a Thursday “train at home” session. Intro week, group will be assessed and placed into 1 of 4 groups dependant on fitness levels. Group will have aims of either magic mile, 3km or the full 5km with a race and medal at the end.

Proposed charge is £20 for the course with this being deducted off a full BvH membership if they join club. Any runners who only achieve the 1 mile or are not up to the full 5km distance can be filtered to Bourn Runners where Alison Davies is happy to help. Course numbers to be capped at 60.

Beginners' subcommittee to have another meeting to finalise details then start advertising. LG will let Rowheath know we are starting the course so changing facilities and provisions can be provided.

10. Member benefits and wellbeing, inc. kit and health provisions

IP – Asked if we can have racing crop tops. SH to approach Ronhill for possibilities

11. Communication and Recognition, inc. club promotion, awards and MoTM (XG/all) 1 mins

March and April MoTM awards still to be given out. Nominations for May have started.

XG – MoTM To be readvertised – all nominations to be emailed to XG, HM suggests that the nominations should then be made public, and we ask members to vote via email, thus helping to clear up any misconstrued thoughts over the selection and voting process. XG to launch new system.

12. Club governance and development, inc. AGM and committee roles

LG – We need to get more policies in place, small group consisting of LG, JC, CD and IP to be set up to look at different policies and get them into place. No objections in the room to subcommittee

13. AOB

JC – New Monday club route – TB concerned about safety of route, route to be run as a club run and assessed.

XG/LG – Commonwealth Games – XG had a meeting with Rowheath, the marathon route will pass RHP twice and they will be having events on all day, they are happy for us to join them and help promote BvH and RHP. We have been asked if we can send some Volunteers to assist them and they are happy for us to come up with some suggestions for the day.

TB – Can we bring back performance of the week and add in a “Notable mention of the week”

TB – Look at Hosting a XC talk evening later in the year, to help advertise and promote XC.

JC – Advised on more moderation on allowing access to the clubs FB page

Action points Summary:

- DP/ LA– Change of email addresses
- TB – Quote for event trolley and tent
- HM/TB – Review on XC race dates
- MW – Send DM spreadsheet for data collation of Teal Targets
- IP/DM – look at sourcing external coach/PT for strength sessions
- XG – readvertise MoTM with up-to-date instructions on nomination/voting process
- TB – Research time and date of proposed XC talk evening.
- IP/DM – Update on sourcing a suitable track

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