



Return to training action plan

The following measures have been taken to ensure that Bournville Harriers can return to training as a club in a COVID safe manner.

The plan will be updated as necessary to reflect any changes in guidelines as they occur.

The action plan will be shared to all coaches and athletes in training bubbles.

This plan has been created by the club COVID coordinator, Claire Daniels. If you have any queries please contact the club on kit@bournvilleharriers.org.uk

Session Planning

- COVID specific risk assessments have been carried out for all training locations in use.
- All coaches should carry the necessary PPE, this will be reimbursed by the club
- Current training locations have been vetted to ensure that social distancing is possible without any risk to the general public.
- COVID symptom check forms are being completed before each session, these forms will be retained for 21 days after each session as per government guidelines.
- All training locations are outdoors.
- Specific coaching bubbles have been created with a controlled number of athletes that conform to current EA guidelines, limiting the transmission through population risk.
- There will be no use of training equipment which will help to eliminate the risk of Fomite transmissions.
- Coaches are advised that should an injury occur; they may carry on and treat the injury as necessary, but a face mask must be worn throughout and hands must be cleaned thoroughly with either soap and water or alcohol gel immediately after contact with the injured party.

Participants Responsibilities

- There must not be any shouting or huddling therefore cutting the risk of droplet transmissions.

- All athletes are to arrive ready to train to discourage any congregating before the session
- All athletes are advised not to share cars to training locations unless they are in the same household/bubble
- All activity participants are advised to maintain government mandated social distancing – this includes at any clubhouse facility or any other venue participants may congregate in afterwards
- All coaches/athletes are advised that there will be no drinks sharing or holding on to each other's belongings for safe keeping during activities

Action in case of positive tests for COVID19

- If we are aware that a member of a training bubble has tested positive for COVID then we will inform the other participants in that particular bubble and suspend training for 14 days.
- Participants contact details will be shared upon request with the governments track and trace initiative.
- Any participant who has attended a session and subsequently tested positive for COVID will be asked to complete a UKA COVID19 tracking form <https://www.uka.org.uk/governance/health-safety/covid-19-form/>

Claire Daniels
BvH Covid Coordinator