

- 1) Turn left into Linden Road.
- 2) Turn right through Bournville Green and up Willow Road.
- 3) Turn right into Raddlebarn Road and on to mini island at Elmdon Road.
- 4) Take the 2nd exit onto Selly Park Road and then 2nd right onto Oakfield Rd.
- 5) Take the 2nd right onto Pershore Rd and then right onto Upland Rd.
- 6) Take the 2nd exit onto Selly Park Rd.
- 7) Turn left at the bottom onto Pershore Rd.
- 8) Turn left onto SellyWick Rd, signposted St Stephen's Church.
- 9) Take the 3rd exit onto Serpentine Rd and then left onto Bournbrook Rd.
- 10) Turn right at the end onto Raddlebarn Rd.
- 11) Turn right staying on Raddlebarn Rd, and then left onto Oak Tree La. Bear left onto Linden Rd.
- 12) Finally turn right onto Bournville La, left onto Selly Oak Rd, and right onto Mary Vale Rd back to club.

Green, red and blue loops: 7.5 miles (12.0 km) Ascent = 134 m Green and blue loops: 6.0 miles (9.6 km) Ascent = 108 m Blue loop only: 4.8 miles (7.7 km) Ascent = 81 m