

# Canal-R Rea-Kings Norton Church

Turn left onto the road  
then right onto  
West Heath Rd

Bear right crossing  
the main road and  
continue up the footpath  
to join Heath Rd. South

Down and up the steps  
to continue straight  
ahead back to the club

cross the road  
and follow the  
river

Turn left then  
right to regain the  
river path

For the shorter route  
turn right onto the road

Continue across  
to the right into  
Northfield Rd.

Turn left into  
Hawthorne Road

Turn right out  
of the club and  
then straight on

Head over to the right,  
cross at the signals  
and join the River Rea route

Cross over the main road  
and follow the brook

Leave the canal  
on the right in  
front of the cottage

Keep going along  
the towpath over  
two roads

Onto the canal via  
the ramp and turn back  
under the bridge

For the longer route  
turn left over the bridge,  
continue along the  
towpath

Turn left at the swing  
bridge, down the track.  
Turn right and run  
round the reservoir

0m 500m 1000m  
Scale

DISTANCE = 5.8 miles (9.5 km)

SHORT ROUTE = 4.4 miles (7.1 km)

LONG ROUTE = 7.4 miles (11.9 km)

Ascent=negligible

Ascent=negligible

Ascent=negligible

## Bournville Harriers